

Y FAMILY NIGHT™

FREE! Come to the YMCA for a night of free, fun family time. Activities include gym games like volleyball and basketball. Play racquetball or wallyball (volleyball in a racquetball court). You can visit the youth center for billiards, foosball and the Wii video game. Try rock climbing while staff spot you in our climbing gym. Enjoy a swim in our large swimming pool with toys, a slide and a giant hot tub.

Who: Families and we know families come in all shapes and sizes. This is not a child care program, but the YMCA does have preschool, extended child care by the hour, afterschool programs, day camp, summer resident camp and much more.

Where: Rogue Valley Family YMCA
522 West 6th Street, Medford, OR 97501
541-772-6295; www.rvymca.org

When: The third Friday of every month
Come anytime after school or work!
Pool is open from 6:00pm to 8:00pm
Rock wall is open from 6:00pm to 8:00pm

Fees: FREE, just come and use the YMCA
Ask for a tour if you want to join

Contact: Debbie Rose, Youth & Family Director
(541) 772-6295 x205
drose@rvymca.org



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**